

Safety First
The Explorer's Sheet

THINK and answer:-

- Why is it important to wear a helmet while riding a bicycle or scooter? Explain how wearing a helmet can protect your head and prevent injuries in case of accidents.
- Discuss the importance of wearing a seatbelt in a car. How does wearing a seatbelt keep you safe during sudden stops or collisions?
- Imagine a situation where you are home alone and someone knocks on the door. What should you do to stay safe? Provide logical reasons based on staying calm and seeking help from a trusted adult.
- Why is it essential to look both ways before crossing the street? Describe how crossing safely can prevent accidents and keep pedestrians safe.
- Discuss the importance of wearing appropriate safety gear when playing sports. How does wearing gear like shin guards or helmets protect you from injuries?
- Suppose you are at a playground, and you see someone using equipment improperly. What would you do to ensure their safety? Provide logical reasons based on understanding playground rules and safety guidelines.
- Explain why it's crucial to follow fire safety rules at home and school. How can knowing and practicing fire safety procedures prevent accidents and protect lives?
- Discuss the dangers of playing with matches or lighters. Why is it important to never play with fire and always ask an adult for help when dealing with fire-related items?
- Imagine you are swimming in a pool or at the beach. What safety rules should you follow to stay safe in the water? Provide reasons based on swimming skills, supervision, and water safety equipment.
- Why is it essential to tell a trusted adult if you encounter something or someone that makes you feel uncomfortable or unsafe? How can talking to an adult help keep you and others safe?