

Food from Plants

Fill in the blanks from the words given below: -

Wheat Fruits rice mango cucumber pulses corn
cereals vegetables tea potato coffee banana

1. Plants give us _____ and _____.
2. _____, _____ and _____ are cereals.
3. Hot drinks like _____ and _____ also come from plants.
4. _____ and _____ also come from plants.
5. _____ and _____ are fruits.
6. _____ and _____ are vegetables.

Draw and name 3 vegetables. Don't forget to color. 😊

Write the names of dishes you ate in the breakfast today.

1. _____
2. _____
3. _____

Draw the things, from the above list, which come from plants. Name and color them.

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Put a cross on the items which DO NOT come from plants.



Draw, name and color 3 fruits. 😊

In the space given below, paste the grains of cereals and write their name.

Look at the table given below. In the left column, write the name of cereal you pasted above and in the right column, mention the dish you eat made of that cereal. Example Cereal- Wheat. Dish- Bread, Chapati.

Cereal	Dish
1.	
2.	
3.	
4.	

In the space given below, paste the grains of pulses and write their name.

Look at the table given below. In the left column, write the name of pulses you pasted above and in the right column, mention the dish you eat made of those pulses. Example pulses- red kidney beans (rajma). Dish- rajma curry, burrito.

Cereal	Dish
1.	
2.	
3.	
4.	

Answer to questions of this worksheet.

1. Plants give us fruits and vegetables.
2. Wheat, rice and corn are cereals.
3. Hot drinks like tea and coffee also come from plants.
4. Pulses and cereals also come from plants.
5. Mango and banana are fruits.
6. Cucumber and potato are vegetables.

Answers of the text book Living Science Grade 1

A. Tick the correct answer.

1. This is not a fruit- c. radish
2. This is not a vegetable. a. grapes
3. We eat the seeds of this. b. corn

B. Circle the things which come from plants.

Corn, banana, carrot, apple

C. We all come from plants. Write our names.

1. I make all things sweet. S U G A R
2. I became Cinderella's carriage. P U M P K I N
3. I am green and small. I make you cry. C H I L L Y