

Reflexive Pronouns

Grade 4

Exercise 1: Choose the correct reflexive pronoun:

1. The children helped _____ to the cookies.
2. My sister made _____ a sandwich.
3. The dog hurt _____ while chasing its tail.
4. We taught _____ Spanish using online resources.
5. The machine turns _____ off automatically.
6. You should be proud of _____.
7. They introduced _____ to the new students.
8. The cat washed _____ after eating.
9. I cut _____ while chopping vegetables.
10. The actors prepared _____ for the show.

Exercise 2: Error Correction

Find and correct the errors in these sentences:

1. Me and herself went shopping. _____
2. The teacher explained it to hisself. _____
3. They wanted to do it all by theirself. _____
4. Please contact myself with any questions. _____
5. The children enjoyed theirselves at the party. _____
6. The cat hurt it while jumping. _____
7. My brother and myself made dinner. _____
8. Would you like to help yourselves to some cake? _____
9. The computer fixed it automatically. _____

10. John told to himself that he could do it. _____

Exercise 3: Complete these sentences using appropriate reflexive pronouns:

1. The artist painted a portrait of _____.
2. We found _____ lost in the museum.
3. The butterfly saw _____ in the mirror.
4. You shouldn't blame _____ for the accident.
5. They taught _____ how to cook.
6. The robot can repair _____.
7. I promised _____ I would exercise more.
8. The students quizzed _____ before the test.
9. My friend hurt _____ during the game.
10. The cat made _____ comfortable on the couch.

Exercise 4: Choose the correct option:

1. Sarah and Tom helped _____ to the snacks.
a) themselves b) himself c) herself d) ourselves
2. I taught _____ to play chess.
a) myself b) yourself c) himself d) themselves
3. The computer shutting _____ down is normal.
a) itself b) himself c) themselves d) myself
4. You should trust _____ more.
a) yourself b) themselves c) myself d) itself

5. The team prepared _____ for the match.

- a) themselves b) itself c) himself d) ourselves

6. The cat hurt _____ while jumping.

- a) itself b) himself c) herself d) themselves

7. We enjoyed _____ at the party.

- a) ourselves b) themselves c) yourself d) myself

8. The machine repairs _____ automatically.

- a) itself b) himself c) themselves d) myself

9. You and your friends should help _____.

- a) yourselves b) themselves c) ourselves d) yourself

10. The actress saw _____ in the mirror.

- a) herself b) himself c) itself d) themselves

Exercise 5: Create sentences using these reflexive pronouns in different ways:

1. myself

2. yourself

3. himself

4. herself

5. itself

6. ourselves

7. yourselves
8. themselves
9. myself (for emphasis)
10. themselves (in a common expression)

Exercise 6: Choose the correct pronoun (may not always be reflexive):

1. John and (I/myself) went to the store.
2. Please send the report to (me/myself).
3. (We/Ourselves) finished the project early.
4. The team congratulated (them/themselves) on the win.
5. She wanted to do it by (herself/her).
6. They gave (them/themselves) time to think.
7. Between you and (I/me/myself), it's a secret.
8. (We/Ourselves) teachers must stick together.
9. The committee (itself/themselves) voted on it.
10. All but (myself/me) were invited.

Answer Key

Exercise 1:

1. themselves
2. herself
3. itself
4. ourselves
5. itself
6. yourself
7. themselves
8. itself
9. myself
10. themselves

Exercise 2:

1. I and she went shopping.
2. The teacher explained it to himself.
3. They wanted to do it all by themselves.
4. Please contact me with any questions.
5. The children enjoyed themselves at the party.
6. The cat hurt itself while jumping.
7. My brother and I made dinner.
8. Correct (no change needed)
9. The computer fixed itself automatically.
10. John told himself that he could do it.

Exercise 3:

1. himself/herself
2. ourselves
3. itself
4. yourself
5. themselves
6. itself
7. myself
8. themselves
9. himself/herself
10. itself

Exercise 4:

1. a) themselves
2. a) myself
3. a) itself
4. a) yourself
5. a) themselves
6. a) itself
7. a) ourselves
8. a) itself
9. a) yourselves
10. a) herself

Exercise 5:

(Sample answers - other correct variations possible)

1. I taught myself to play guitar.
2. You should give yourself more credit.
3. He made himself breakfast.
4. She introduced herself to the class.
5. The door closed itself.
6. We found ourselves in a difficult situation.
7. Make yourselves comfortable.
8. The children helped themselves to cookies.
9. I myself saw it happen.
10. Help themselves to refreshments.

Exercise 6:

1. I
2. me
3. We
4. themselves
5. herself
6. themselves
7. me
8. We
9. itself
10. me

Common Pitfalls to Watch For:

- Remember that reflexive pronouns are not used as subjects
- Don't use reflexive pronouns just to sound formal

- Make sure the reflexive pronoun agrees with its antecedent
- Don't use reflexive pronouns when simple personal pronouns will do

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