

## My Body

### Fill in the blanks

1. A baby learns to \_\_\_\_\_ before it starts standing.
2. Food gives us \_\_\_\_\_ to work.
3. Slowly our height and \_\_\_\_\_ increase.
4. We learn about things and \_\_\_\_\_ around us.
5. This is the way we \_\_\_\_\_ up.
6. A seed grows into a \_\_\_\_\_.
7. A \_\_\_\_\_ grows into a big plant.
8. A bird grows from a small \_\_\_\_\_.
9. Brain is found inside the \_\_\_\_\_
10. \_\_\_\_\_ is situated in the middle of the chest.
11. \_\_\_\_\_ helps to remove the impurities from the blood.
12. \_\_\_\_\_ give shape to the body.

### Draw-

#### The life cycle of a plant

#### The life cycle of a human being

## The life cycle of a bird

### Write T for [True] and F for [False]

1. Lungs helps us to breathe
2. Internal body parts can be seen from inside.
3. Food is digested in the stomach.
4. Muscles give shape to the body
5. Heart is an external body part
6. Kidney discards impurities from the body
7. Lungs is part of the digestive system
8. There are 206 bones in our body
9. Our heart beats 72 times in a minute
10. Liver is an internal body part.

### Write the one line definition of the following-

- External body parts-

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- Internal body parts-

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- Brain-

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- Heart-

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- Lungs-

\_\_\_\_\_

- Digestive System-

\_\_\_\_\_

- Kidney-

\_\_\_\_\_

**Name the following-**

1. 4 external body parts- \_\_\_\_\_

\_\_\_\_\_

2. 4 internal body parts- \_\_\_\_\_

\_\_\_\_\_

3. 3 organs of the digestive system- \_\_\_\_\_

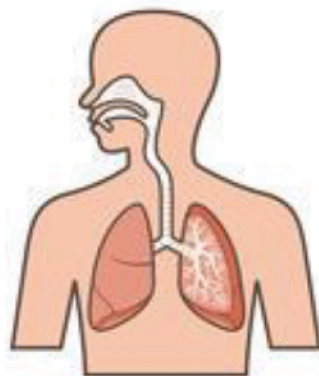
\_\_\_\_\_

Recognize the following parts of the body and label whether they are internal body parts or external body parts. Try to drawing them as well.



\_\_\_\_\_

\_\_\_\_\_



\_\_\_\_\_

\_\_\_\_\_

Mark the various parts of the body in the image below.

